

Health and Wellbeing

U&C recognises that the health and wellbeing of our employees is key to its success and sustainability and as an employer is committed to providing a working environment for all which actively supports employee wellness and the reduction of risk factors for ill health.

U&C has a cultural conscience and considers employee wellbeing to be essential in enabling its employees to give their best in a safe and welcoming environment and where there is no stigma around ill health. The Company has recently launched a Health & Wellbeing Committee formed by our Mental Health Champions to deliver on its commitments and to take the wellbeing agenda forward under 3 main themes: Working, Living and Thinking Well.

As a business we promote the health and wellbeing of our employees through management policies and practices, our employee benefits, internal and external support services and by means of health promotion campaigns to provide information and raise awareness. We also provide access to any learning and/or training opportunities which focus on health and mental health education.

